

# **Active Minds**

Active Minds has a long term commitment to learning & development, to ensure that we deliver the best possible experience to our participants.

We have worked with organisations such as Mind, UK Coaching, BUPA and England Boxing to provide qualifications, expertise and ongoing knowledge to support our programmes.



# cache

This final transcript is to certify that

#### GRAEME WHEATLEY

Learner Number: 105714248

has achieved the following unit(s) of the:

### NCFE CACHE LEVEL 2 CERTIFICATE IN UNDERSTANDING CHILDREN AND YOUNG PEOPLE'S MENTAL HEALTH

#### 603/2813/7

This transcript is to be used in conjunction with Certificate 52328872

Unit Number	Unit Title	Unit Level
H/616/8100	UNDERSTAND CHILDREN AND YOUNG PEOPLE'S MENTAL HEALTH IN CONTEXT	Level2
K/616/8101	UNDERSTAND FACTORS WHICH MAY AFFECT CHILDREN AND YOUNG PEOPLE'S MENTAL HEALTH	Level2
M/616/8102	UNDERSTAND CHILDREN AND YOUNG PEOPLE'S MENTAL HEALTH CONCERNS	Level2
T/616/8103	UNDERSTAND THE IMPACT OF CHILDREN AND YOUNG PEOPLE'S MENTAL HEALTH CONCERNS	Level2
A/616/8104	UNDERSTAND HOW TO SUPPORT CHILDREN AND YOUNG PEOPLE WITH MENTAL HEALTH CONCERNS	Level2

**Deborah Jenkins** MBE, DL

Chair NCFE

22/01/2021 Awarded by NCFE This is not a certificate. Please refer to the Qualification Certificate for your overall achievement. Page1 of1



This certificate is to certify that on the 7<sup>th</sup> May 2017

#### Graeme Wheatley

#### Has completed and met the requirements of the

Hatton ABC Advanced Accredited Course.



#### Showing competency in the following

- · Self Defence Combinations
- · Correct Pad Holding and instruction for Advanced Boxing Combinations
- · Correct Punching technique and instruction for Advanced Boxing Combinations
- · Structuring effective Advanced Boxing combinations
- · Interval Circuit Training Routines related to Advanced Boxing for Fitness
- · Safety and Injury Prevention related to Advanced Boxing for Fitness

#### EARNING 10 CPD CREDITS



Jon Eade Hatton Academy Ltd REGISTER OF EXERCISE PROFESSIONALS ACCREDITATION REPS CODE TUP0902







#### This certificate is to certify that on the 6<sup>th</sup> May 2017

#### Graeme Wheatley

### Has completed and met the requirements of the

Hatton ABC Fundamentals Accredited Course.



#### Showing competency in the following

- · How to organise and structure groups for boxing for fitness
- classes • Correct Fad Holding technique and instruction
- · Correct Punching technique and instruction
- · Structuring effective Boxing Combinations
- · Interval Circuit Training Routines related to Boxing for Fitness
- · Safety and Injury Prevention related to Boxing for Fitness

### EARNING 10 CPD CREDITS



Jon Eade Hatton Academy Ltd REGISTER OF EXERCISE PROFESSIONALS ACCREDITATION REPS CODE TUP0901

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Certificate No MQAKR95Y

This certificate is to verify that

# Graeme Wheatley

has successfully completed the

# LEVEL 3 FITNESS DIPLOMA (PERSONAL TRAINER / FITNESS INSTRUCTOR)

on the 13th December 2018



Head Tutor

New Skills Academy

This certificate can be verified online at: https://newskillsacademy.co.uk ENGLAND BOXING

This is to certify that

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**Graeme Wheatley** 

has attended England Boxing's

# **Box In Mind Bitesize**

**Online workshop** 

Please note this course does not substitute for the three - hour face to face course.



Date: 15<sup>th</sup> July 2020 Tutor: Matthew Williams



# **Certificate of Attendance**



MHFA England

Graeme Wheatley has attended the Adult MHFA Two Day course and is now a Mental Health First Aider. This course teaches in depth skills for providing first aid to people who may be experiencing mental health issues such as depression, anxiety and psychosis.

Dates of attendance	Mental Health First Aid (MHFA) England is a community interest
Start Date: 13/09/2018	company working to increase mental health awareness and skills
End Date: 14/09/2018	across society. Our range of courses are designed to empower people to support their own mental health and that of the people they
Course delivered by	connect with in life.
Libby (nee Hassanali) Morley	By giving people the facts about

By giving people the facts about mental health and the practical skills to support wellbeing, we work towards building healthier communities free from stigma.

Smethale

MHFA England Chief Executive

Simon Blake OBE

MHFA England CIC 49-52 East Road, Old Street London, N1 6AH

www.mhfaengland.org info@mhfaengland.org

020 7250 8062 CIC Registration Number: 702139

# Certificate of attendance

## **Graeme Wheatley**

has attended an Adult MHFA Refresher course and is now up to date with their Mental Health First Aid skills. This course gives participants an opportunity to refresh and update the skills learnt on an Adult MHFA course.

Date of attendance

21 March 2022

Instructor Member Juliet Adloune

Enorthale

Simon Blake OBE Chief Executive MHFA England



MHFA England

Your Mental Health First Aid (MHFA) England certificate is valid for three years from the date you completed the course. We recommend you take an MHFA Refresher course every three years. For more details visit our website, mhfaengland.org.

MHFA England is a social enterprise with a vision to improve the mental health of the nation. Through our training, campaigning, and reinvesting, we equip people with the skills to support their own and others' wellbeing.

We believe in zero stigma around mental health. We want mental health to be openly discussed and supported. Together, let's create a society where everyone can thrive.

mhfaengland.org info@mhfaengland.org 0203 928 0760

CIC registration number: 702139 © MHFA England. All rights reserved





The four modules will increase your knowledge and understanding of mental health, providing you with the practical skills and strategies to be able to:

- build people's resilience, self-esteem and confidence
- adapt your sessions to make them more inclusive
- enable and support mental health recovery, and
- tackle stigma and discrimination.





# Duty to Care Toolkit and Digital Badge

This toolkit will equip coaches with the knowledge and skills to provide great coaching experiences to others, as well as support coaches to begin to better look after themselves



Safeguarding Knowledge Check



Diversity Knowledge Check



Inclusion Knowledge Check



Mental Health Knowledge Check



Well-being Knowledge Check

# Certificate of Continuing Professional Development (CPD)



The CPD Certification Service certifies participation in the below named activity to be valid for CPD points.

The Workplace Health and Wellbeing Academy event for mental health

CPD Provider Organisation Bupa Investments Ltd (012203) An initiative to increase standards of CPD provision to professionals in relevant market sectors



Date of CPD activity 15th February 2022

No. CPD hours/points 1.5 hours / 1.5 points

The CPD Cettification Service, The Coach House, Ealing Green, London W5 SER. 020 8640-4383 info@cpd.uk.co.uk www.cpduk.co.uk



This is to certify that Graeme Wheatley

has completed the course

# STRENGTH&CONDITIONING FUNDAMENTALS

On January 24, 2022

Congratulations and well done We wish you every success for now and the future

Brendan Chaplin Strength & Conditioning Education



# **C**ERTIFICATE OF **C**OMPLETION

Awarded to

# **Graeme Wheatley**

For successfully completing

# **COVID Safe Martial Arts Instructor Certification**

Issued on 10 June 2020

ID: LRLZYW8XNDNX4

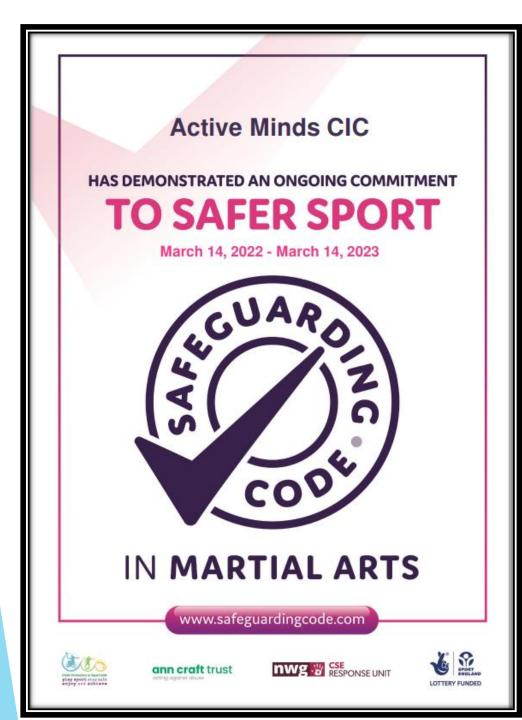
openlearning

This course was provided through OpenLearning Experience online learning. The social way :)



'COVID Safe Martial Arts Instructor Certification' is a program developed and administered by the Martial Arts Industry Association.





# EMMAAA ENGLISH MIXED MARTIAL ARTS ASSOCIATION

Any martial arts organisation in England who has achieved the Safeguarding Code in Martial Arts, has successfully demonstrated to us that they have a good working knowledge of quality safeguarding practices and will be able to reassure you that they have the following in place:

- Disclosure and Barring Service Check for all coaches, staff and volunteers
- Safeguarding awareness training for all coaches, staff and volunteers
- All coaches will have hold a minimum coaching standard or coaching qualification
- A Safeguarding Policy
- A Safe Practice Policy
- Insurance documentation
- A reporting system for reporting participants' safety and welfare
- A complaints process for parents and all participants

www.ukcoaching.org	UKaching
Certificate of Completion We are pleased to confirm that	Certificate of Attendance
Graeme Wheatley	LOTTERY FUNDED This is to certify that
has completed How to Coach: Plan, Do, Review	Graeme Wheatley has successfully completed the Inclusive Activity Programme eLearning module, on
on 04/08/2021	05/08/2021
NTO	Barry Horne Chief Executive activity alliance Chief Executive Officer
Mark Gannon Chief Executive Officer	92135548
www.ukcoaching.org	
Certificate of Completion	CERTIFICATE OF COMPLETION OF THE SUDDEN CARDIAC ARREST
Graeme Wheatley	BE QUICK, BE SMART AND RESTART A HEART ELEARNING
Inspiring Positive Behaviour in Sport	
on 05/08/2021	Date: 09/08/2021
Mark Gannon	Endorsed by Mark Gannon Chief Executive Officer
Chief Executive Officer	92135591

# Certificate of Attendance

We are pleased to confirm that

Graeme Wheatley

has attended

Understanding the Teenage Brain

on

04-03-2022

Mark Gannon Chief Executive Officer



